

# Eliminate Workplace Trip Hazards

You can effectively eliminate most workplace trip hazards by emphasizing good housekeeping, sensible precautions, and plenty of awareness training.

**Conduct regular inspections and check for these best practices to ensure you don't fall for workplace trip hazards.**

1. Emphasize and enforce good housekeeping rules.
  - ☐ Remove cords from walkways.
  - ☐ Store materials properly.
  - ☐ Close drawers.
2. Make sure lighting inside and outside your facility is adequate.
  - ☐ Check for good visibility.
  - ☐ Have maintenance check routinely for burned-out bulbs or other lighting problems.
3. Design work areas to allow plenty of room for employees to move around safely.
4. Keep flooring and stair treads in good condition.
  - ☐ Check for uneven or defective flooring.
5. Conduct regular inspections to check for trip hazards.
6. Emphasize training points, such as:
  - ☐ Keeping work areas neat and tidy and putting tools and materials away after use;
  - ☐ Picking up items from the floor even if you didn't put them there;
  - ☐ Stepping around obstructions, not on or over them;
  - ☐ Walking slowly and making sure you can see where you're going, especially when carrying a load;
  - ☐ Watching for changes in floor level, such as a few steps or a ramp up or down;
  - ☐ Watching your step before entering and leaving elevators; and
  - ☐ Using a flashlight in dark areas, such as outside the facility at night.